



AHJS At A Glance

Week of January 09, 2023

CALENDAR-WEEK AT A GLANCE

Monday 01/09	Tuesday 01/10	Wednesday 01/11	Thursday 01/12	Friday 01/13	Saturday 01/14
Dance Club Practice Auditorium 4:15pm 7th/8th BBB Vs. Smithson Valley MS (7th Home/8th Away) (Blue 5pm/Gold 6pm)	Dance Club Practice Auditorium 4:15pm	7th/8th BBB White Team (8th at 4:30pm/7th at 5:30pm) Boys Gym		Happy Friday!	7th/8th BBB Vs. Oak Run MS (7th home/8th Away) (Blue 9:30 am/Gold 10:45 am)

CAMPUS NEWS

Check out the January WellNews - a wellness newsletter for district parents.

Additional issues can be found on the AHISD Wellness website at: <https://www.smores.com/zqd3c>

This school year, the United States Department of Agriculture (USDA) is no longer providing free meals for all students. However, families may still be eligible for free and reduced meals depending on income qualifications. [Free and reduced meal applications are available on the AHISD website.](#)

PARTNERS FOR THE PROFILE: We invite you to consider participating in our re-designed Partners for the Profile experience that will be hosted twice in the first nine weeks. The newly designed program is a ½ day learning experience for community members to find out more about the way we support our AHISD Profile of a Learner in every classroom every day. Participants will be invited to tour classrooms at our High School and an Elementary campus to see the way lesson design impacts student learning. You can choose to either attend Friday, February 3, 2023, from 9:00 AM to 12:30

PM or Thursday, February 23, 2022, from 9:00 AM to 12:30 PM. If you are interested, please take a minute to fill out the following form: [Partners for the Profile Parent Sign Up](#).

ALAMO HEIGHTS BAND FUNDRAISER: Want to satisfy your hunger and help out the AHHS Mighty Mule Band? Buy dinner at Chipotle on Monday, January 9th at the 3928 Broadway location between 4pm and 8pm. 33% of sales goes back to the band! Thank you for your support.

GRAND-MULES & SENIOR MULES PARTNERS: Calling our "Grand-Mules & Senior Mules" to visit our district and learn from Dr. Bashara, district leaders and students about our AHISD Profile of a Learner. Participants will hear about the educational experience in AHISD that highlights many of our innovative programs and practices. Those participants 65 years old and older will receive their Gold Card for free admission to all athletic and fine arts events! We'll conclude our morning together with a tour of a few classrooms to see learning in action. There is one remaining session date for Thursday, March 30, 2023. Please email acaballero@ahisd.net to reserve your spot!

ALAMO HEIGHTS LACROSSE: Registration is now open Alamo Heights Lacrosse Spring season. We are fielding teams for boys 1st-12th grade and girls 4th-12th grade including Varsity teams for both boys and girls High School. Everyone is welcome to join, beginner or experienced. Practices will start in February in the evenings with games played locally. Come join the fastest growing sport in Texas. For information and to register go to AHLacrosse.com or email us at ahmuleslax@gmail.com.

AHJS Lacrosse Club



Lacrosse

ALAMO HEIGHTS LACROSSE CLUB Invites you to come join us this spring. Registration is now open. Registration is now open. Check out our website at AHLacrosse.com follow us on instagram @Alamoheightslax or contact us at AHmuleslax@gmail.com

Programs are open to any person both new or experienced living in or near the Alamo Heights area. You do not have to attend AHISD.

OUR PROGRAMS



MIDDLE SCHOOL

GRADES 5 THROUGH 8



GIRLS HIGH SCHOOL

JV AND VARSITY GRADES 9-12



BOYS HIGH SCHOOL

JV AND VARSITY GRADES 9-12



ELEMENTARY

BOYS AND GIRLS WELCOME
GRADES K-4



**GIRLS YOUTH
DEVELOPMENTAL**

GRADES 4-8

YEARBOOK INFORMATION:

Yearbooks sold out last year, so reserve yours now.

- Balfour.com is now open to purchase yearbooks and Eighth Grade Ads
 - Yearbooks are currently \$40 and will go to \$45 February 3, 2023.
 - Eighth grade Ads are \$50.
- To order, go to www.balfour.com and click Shop My School on the top, left side. In the box that pops up, type in Alamo Heights Junior School. From there, you will be able to place your order for yearbooks and 8th Grade Ads.
- Yearbooks are not available for purchase through Mule Market.
- If you have questions, contact Kathleen Hebert at khebert@ahisd.net.

Looking ahead:

01/19-7th/8th Boys Basketball Vs. Churchill MS (8th Home/7th Away) (Blue 5pm/Gold 6pm)
01/19-7th/8th G-Soccer Vs. New Braunfels MS (Away Game) at 4:30pm
01/21-7th/8th G-Soccer Vs.(Church Hill MS at 9am)(Danville MS at 10:30am) at Church Hill MS
01/24- 6th/7th Transition Night in the Auditorium at 5:30pm
01/25-7th/8th Boys Basketball White Team (8th @ 4:30pm/7th @ 5:30pm) Boys Gym
01/26-7th/8th G-Soccer Vs. Smithson Valley MS (Home Game) at 4:30pm
01/26-7th/8th Boys Basketball Vs. Canyon MS (7th home/8th Away) (Blue 5pm/Gold 6pm)
02/01-7th/8th Boys Basketball White Team (8th @ 4:30pm/7th @ 5:30pm) Boys Gym
02/02-7th/8th G-Soccer Vs. Mountain Valley MS (Away Game) 4:30pm
02/02-7th/8th Boys Basketball Vs. Mountain Valley MS (8th Home at Mule Dome/7th Away) (Blue 5pm/Gold 6pm)
02/04-7th/8th G-Soccer Vs.(OakRun MS at 9am)(Vs. Spring Branch MS at 11:30am)
02/04-7th/8th Boys Basketball Vs. Pieper Ranch MS (8th Home/7th Away) (Blue 9:30am/Gold 10:45am)
02/08-7th/8th Boys Basketball White Team (8th @ 4:30pm/7th @ 5:30pm) Boys Gym
02/09-7th/8th G-Soccer Vs. Canyon MS (Away Game) 4:30pm
02/09-7th/8th Boys Basketball Vs. New Braunfels MS (7th Home/8th Away)(Blue 5pm/Gold 6pm)
02/11-7th/8th Boys Basketball End of Season Tournament (Location/Time: TBD)
02/15-8th grade Panoramic Pictures (8:45am)
02/15-Rising 6th graders Elective Night in the Auditorium at 6pm
02/16-7th/8th G-Soccer Vs. Piper Ranch MS (Home Game) 4:30pm
02/21-TELPAS Testing (Listening & Speaking) for ½ of 6th grade in the STEM Bldg. at 8:45am
02/22-TELPAS Testing (Listening & Speaking) for ½ of 6th grade in the STEM Bldg. at 8:45am
02/23-TELPAS Testing (Listening & Speaking) for 7th grade in the STEM Bldg. at 8:45am
02/24-TELPAS Testing (Listening & Speaking) for 8th grade in the STEM Bldg. at 8:45am
02/21-02/27 Spring Book Fair- JS Library - (8:15am-4:15pm)
02/28-TELPAS Testing (Reading & Writing) for 6th grade in the Auditorium at 8:45am
02/28-7th/8th Tennis Match Vs. Smithson Valley MS (Home Game) 4:30pm
03/01-TELPAS Testing (Reading & Writing) for 7th & 8th grade in the Auditorium at 8:45am
03/07-7th/8th Tennis Match Vs. Church Hill MS (Away Game) 4:30pm
03/13-03/17 Spring Break
03/21-7th/8th Tennis Match Vs. New Braunfels MS (Home Game) 4:30pm
03/28-7th/8th Tennis Match Vs. Danville MS (Home Game) 4:30pm
04/04-7th/8th Tennis Match Vs. Pieper Ranch MS (Away Game) 4:30pm
04/24-6th-8th Reading STAAR Test
04/25-8th Science STAAR Test
04/26-8th Social Studies STAAR Test
04/27-STAAR Make-up for Reading
04/28-School Holiday-No School
05/02-6th-8th Math STAAR Test
05/03-Algebra STAAR
05/04-STAAR Make-up test
05/05-STAAR Make-up test
05/24-Last Day of School! Early Release at 12:45pm

8th Grade News

Character Corner



AHJS Core Values

Dignity - Resilience - Empathy - Courage - Humility

AHJS utilizes The CharacterStrong Advisory Program. CharacterStrong is grade specific, so lessons are tailored to 6th, 7th and 8th grade levels.

[CharacterStrong Parent Letter \(English\)](#)

[CharacterStrong Parent Letter \(Spanish\)](#)



Alamo Heights Junior School

Advisory is....

- ▶ Family group for the year Every Wednesday: 6th grade- during 6th period, 7th grade- during 4th period, and 8th grade during 5th period
- ▶ We will discuss: character education, organization, study skills, academic and social skills, grade checks, and do other fun activities.
- ▶ Homeroom- Progress reports, report cards, forms that need to go home will be distributed through Advisory

January 2023 Advisory Topics

January 4 - Core Values are: Courage - Empathy

6th grade - Meeting New People

Objective: The theme of this year is "Belonging" and this is the 1st of 2 sessions with the goal of helping us make connections and build relationships.

7th grade - Understanding Emotions

Objective: This is the 1st of 5 sessions focused on understanding (2 sessions) and regulating emotions (3 sessions). Across this session and the next we learn some basic brain science to help us understand where our emotions come from.

8th Grade - Planning Ahead

Objective: This is the 4th of 4 sessions where we look ahead and plan for our futures. In this session we continue thinking about high school, what we hope for, obstacles we might face to achieve those wishes, and ways we might overcome those obstacles.

January 11 - Core Values are: Courage

6th grade - Get to know your school

Objective: The theme of this year is "Belonging" and this is the 2nd of 2 sessions with the goal of helping students make connections and build relationships. In this session we identify opportunities to get involved in fun and interesting activities at school and think of opportunities we wish existed.

7th grade - Exploring Emotions

Objective: This is the 2nd of 5 sessions focused on understanding (2 sessions) and regulating emotions (3 sessions). Across this session and the last we learn some basic brain science to help us understand where our emotions come from.

8th Grade - Values as Guides

Objective: This is the 1st of 3 sessions on values and habits. Improving our ability to turn actions we want to take into habits makes it easier to take those actions when the time is right. In this session, we work on getting better at identifying our values and using them to help us handle challenges.

Jan 18: Holocaust Remembrance Advisory - All Grades Discussions about diversity and Tolerance

Jan 25: Early Release- no advisory

JS Counselors: Parents- if you ever have a need to contact our counselors please see their contact information below:

Michael Snell
msnell@ahisd.net

Erika Benton
ebenton@ahisd.net

Lisa Lucas (Wellness Counselor)
llucas@ahisd.net

PTO



Be sure to follow our PTO on Facebook @AlamoHeightsJSPTO and Instagram @alamoheightsjs_pto for our latest news!

ADDITIONAL CAMPUS INFORMATION

Personal Electronic Devices at School: For several years, in our elementary schools and our junior school, we have prohibited the use of cell phones and other personal devices during regular school hours (including passing periods and lunch) to promote healthy social and emotional development for this age student. Students may have cell phones on campus, however, to use before and after school hours, but they must be stored away all-day during school hours [elementary: backpacks in cubbies; AHJS: in their lockers].

This applies to all personal electronic devices, ***including the Apple watch.*** Their use is prohibited at school, and we ask that you assist our efforts by making certain your child does not bring them to school. If you have an emergency and need to contact your child during the day, you may call the campus office. Also, please remind your child that if they choose to bring any electronic device to school, they should be diligent in storing it in a safe location (at the Junior School, it is important to remind students to lock their locker at all times.)



AHJS At A Glance

Semana del 9 de enero

SEMANA DEL CALENDARIO DE UN VISTAZO

lunes 09/1	martes 10/1	miercoles 11/1	jueves 12/1	viernes 13/1	sábado 14/1
Práctica del Club de Baile Auditorio 4:15pm 7th/8th BBB Vs. Smithson Valley MS (7th Home/8th Away) (Blue 5pm/Gold 6pm)	Práctica del Club de Baile Auditorio 4:15pm	7º/8º BBB Equipo Blanco (8º a las 16:30/7º a las 17:30) Gimnasio Masculino		iFeliz viernes!	7º/8º BBB Vs. Oak Run MS (7º casa/8º fuera) (Azul 9:30 am/Oro 10:45 am)

NOTICIAS DE LA ESCUELA

Consulte WellNews de enero - un boletín de bienestar para los padres del distrito. Se pueden encontrar ediciones adicionales en el sitio web de bienestar de AHISD en:
<https://www.smores.com/zqd3c>

ALAMO HEIGHTS BAND FUNDRAISER: ¿Quiere satisfacer su hambre y ayudar a AHHS Mighty Mule Band? Compre la cena en Chipotle el lunes 9 de enero en la ubicación de 3928 Broadway entre las 4 p. m. y las 8 p. m. ¡El 33% de las ventas vuelve a la banda! Gracias por tu apoyo.

Este año escolar, el Departamento de Agricultura de los Estados Unidos (USDA) ya no ofrece comidas gratuitas a todos los estudiantes. Sin embargo, las familias todavía pueden ser elegibles para las comidas gratuitas y reducidas dependiendo de las calificaciones de ingresos. [Las solicitudes de comidas gratuitas y reducidas están disponibles en el sitio web de AHISD](#)

PARTNERS FOR THE PROFILE: Lo invitamos a participar en nuestra experiencia 'Partners for the Profile' que se realizará dos veces en las primeras nueve semanas. El programa recientemente diseñado es una experiencia de aprendizaje de medio día para que los miembros de la comunidad obtengan más información sobre la forma en que apoyamos nuestro 'Profile of a Learner' en cada salón

de clases todos los días. Se invitará a los participantes a recorrer las aulas de nuestra escuela secundaria y un campus de primaria para ver la forma en que el diseño de la lección afecta el aprendizaje de los estudiantes. Puede elegir asistir el viernes 3 de febrero de 2023 de 9:00 a.m. a 12:30 p.m. o el jueves 23 de febrero de 2022 de 9:00 a.m. a 12:30 p.m. Si está interesado, tómese un minuto para completar el siguiente formulario: [socios para el perfil registro de padres](#).

GRAND-MULES & SENIOR MULES PARTNERS: Llamando a nuestros "Grand-Mules y Senior Mules" para que visiten nuestro distrito y aprendan del Dr. Bashara, los líderes del distrito y los estudiantes sobre nuestro Perfil de Aprendizaje de AHISD. Los participantes escucharán sobre la experiencia educativa en AHISD que destaca muchos de nuestros programas y prácticas innovadores. ¡Los participantes mayores de 65 años recibirán su Tarjeta Dorada para la entrada gratuita a todos los eventos deportivos y de bellas artes! Concluimos nuestra mañana juntos con un recorrido por algunas aulas para ver el aprendizaje en acción. La fecha restante para asistir es 2023 y el jueves 30 de marzo de 2023. ¡Envíe un correo electrónico a acaballero@ahisd.net para reservar su lugar!

ALAMO HEIGHTS LACROSSE: La inscripción ya está abierta para la temporada de primavera de Alamo Heights Lacrosse. Estamos formando equipos para niños de 1.º a 12.º grado y niñas de 4.º a 12.º grado, incluidos equipos Varsity para niños y niñas de secundaria. Todos son bienvenidos a unirse, principiantes o experimentados. Las prácticas comenzarán en febrero por las tardes con juegos locales. Ven y únete al deporte de más rápido crecimiento en Texas. Para obtener información y registrarse, visite AHLacrosse.com o envíenos un correo electrónico a ahmuleslax@gmail.com.



Lacrosse

EI CLUB DE LACROSSE DE ALAMO HEIGHTS le invita a unirse a nosotros esta primavera. La inscripción ya está abierta. La inscripción ya está abierta. Visita nuestro sitio web en AHLacrosse.com síguenos en instagram @Alamoheightslax o contáctanos en Ahmuleslax@gmail.com

Los programas están abiertos a cualquier persona tanto nueva como experimentada que viva en o cerca del área de Alamo Heights. Usted no tiene que asistir a AHISD.

OUR PROGRAMS



MIDDLE SCHOOL

GRADES 5 THROUGH 8



GIRLS HIGH SCHOOL

JV AND VARSITY GRADES 9-12



BOYS HIGH SCHOOL

JV AND VARSITY GRADES 9-12



ELEMENTARY

BOYS AND GIRLS WELCOME
GRADES K-4



**GIRLS YOUTH
DEVELOPMENTAL**

GRADES 4-8

INFORMACIÓN SOBRE ANUARIOS:

- Balfour.com ya está abierto para comprar anuarios y anuncios de octavo grado
 - Los anuarios cuestan actualmente \$35 y pasarán a \$40 el 14 de octubre de 2022.
 - Los anuncios de octavo grado cuestan \$50.
- Para ordenar, vaya a www.balfour.com y haga clic en Shop My School en la parte superior, lado izquierdo. En el cuadro que aparece, escriba Alamo Heights Junior School. Desde allí, podrá hacer su pedido de anuarios y anuncios de octavo grado.
- Los anuarios no están disponibles para la compra a través de Mule Market.

Mirando al futuro:

01/19-7th/8th Boys Basketball Vs. Churchill MS (8th Home/7th Away) (Azul 5pm/Oro 6pm)
01/19-7th/8th G-Soccer Vs. New Braunfels MS (Away Game) at 4:30pm

01/21-7th/8th G-Soccer Vs.(Church Hill MS at 9am)(Danville MS at 10:30am) at Church Hill MS
 01/26-7th/8th G-Soccer Vs. Smithson Valley MS (Juego en casa) a las 4:30pm
 01/26-7th/8th Boys Basketball Vs. Canyon MS (7th home/8th Away) (Blue 5pm/Gold 6pm)
 02/02-7th/8th G-Soccer Vs. Mountain Valley MS (Away Game) 4:30pm
 02/02-7th/8th Boys Basketball Vs. Mountain Valley MS (8th Home/7th Away) (Azul 5pm/Oro 6pm)
 02/04-7th/8th G-Soccer Vs.(OakRun MS at 9am)(Vs. Spring Branch MS at 11:30am)
 02/04-7th/8th Baloncesto Vs. Pieper Ranch MS (8th Home/7th Away) (Blue 9:30am/Gold 10:45am)
 02/09-7th/8th G-Soccer Vs. Canyon MS (Away Game) 4:30pm
 02/09-7th/8th Boys Basketball Vs. New Braunfels MS (7th Home/8th Away)(Blue 5pm/Gold 6pm)
 02/11-7th/8th Boys Basketball Torneo de Fin de Temporada (Lugar/Hora: TBD)
 02/16-7th/8th G-Soccer Vs. Piper Ranch MS (Juego en casa) 4:30pm
 02/21-02/27 Feria del Libro de Primavera - Biblioteca JS - (8:15am-4:15pm)
 02/28-7th/8th Tennis Match Vs. Smithson Valley MS (Juego en casa) 4:30pm
 03/07-7th/8th Tennis Match Vs. Church Hill MS (Away Game) 4:30pm
 03/13-03/17 Vacaciones de Primavera
 03/21-7th/8th Tennis Match Vs. New Braunfels MS (Home Game) 4:30pm
 03/28-7th/8th Tennis Match Vs. Danville MS (Home Game) 4:30pm
 04/04-7th/8th Tennis Match Vs. Pieper Ranch MS (Away Game) 4:30pm

Noticias de 8º grado

RINCON DE CARACTER



Valores Fundamentales AHJS

Humildad - Respeto - Resiliencia - Valor - Empatía

AHJS utiliza el programa de asesoramiento Character Strong. Character Strong es específico para cada grado, por lo que las lecciones se adaptan a los niveles de 6º, 7º y 8º grado.

Por favor vea abajo para más información sobre Character Strong:

[Character Strong Carta para Padres \(Ingles\)](#)

[Character Strong Carta para Padres \(Espanol\)](#)



Alamo Heights Junior School

Advisory es....

Grupo familiar para el año Todos los miércoles: 6º grado- durante el 6º periodo, 7º grado- durante el 4º periodo, y 8º grado durante el 5º periodo

Discutiremos: educación del carácter, organización, habilidades de estudio, habilidades académicas

y sociales, chequeo de notas, y haremos otras actividades divertidas.

Homeroom- Anuncios, reportes de progreso, boletas de calificaciones, formas que necesitan ir a casa serán distribuidas a través de Advisory

Temas de asesoramiento de diciembre

14 de diciembre - Sin asesoramiento - Calendario de exámenes

21 y 28 de diciembre - Vacaciones de Navidad

Consejeros de JS: Padres: si alguna vez necesitan comunicarse con nuestros consejeros, consulte su información de contacto a continuación:

Michael Snell
msnell@ahisd.net

Erika Benton
ebenton@ahisd.net

Lisa Lucas (Consejera de Bienestar)
llucas@ahisd.net

Organización de Padres y Profesores (PTO)



¡Asegúrese de seguir nuestro PTO en Facebook @AlamoHeightsJSPTO e Instagram @alamoheightsjs_pto para nuestras últimas noticias!

INFORMACIÓN ADICIONAL DEL ESCUELA

Dispositivos electrónicos personales en la escuela: Durante varios años, en nuestras escuelas primarias y nuestra escuela junior, hemos prohibido el uso de teléfonos celulares y otros dispositivos personales durante el horario escolar regular (incluyendo los períodos de paso y el almuerzo) para promover el desarrollo social y emocional saludable para los estudiantes de esta edad. Sin embargo, los estudiantes pueden tener teléfonos celulares en el campus, para usarlos antes y después de las horas de clase, pero deben estar guardados todo el día durante las horas de clase [primaria: mochilas en los cubículos; AHJS: en sus casilleros].

Esto se aplica a todos los dispositivos electrónicos personales, incluido el reloj de Apple. Su uso está prohibido en la escuela, y le pedimos que colabore con nuestros esfuerzos asegurándose de que su hijo no los traiga a la escuela. Si tiene una emergencia y necesita ponerse en contacto con su hijo durante el día, puede llamar a la oficina del campus. También, por favor, recuérdale a su hijo/a que si elige traer cualquier dispositivo electrónico a la escuela, debe ser diligente en guardarlo en un lugar seguro (en la Escuela Secundaria, es importante recordar a los estudiantes que deben cerrar su casillero con llave en todo momento).