

April 2020

Dear Parent/Guardian:

San Antonio Council on Alcohol and Drug Awareness is partnering with Alamo Heights Jr. School to provide a tested and proven prevention program. The goal of this program is to empower youth to resist the dangers of substance abuse and encourage them to make healthy choices. It will also help them to improve the skills they need in life.

Your youth and their class has the opportunity to participate in Too Good Life Skills Training. The program consists of 10 weekly lessons to be held at Alamo Heights Jr. School. **Your student will take this course with their classroom teacher and classmates together, they will not miss any regular class time.** There is no cost for your youth to participate in this program, and participation is voluntary. SACADA works closely Alamo Heights to ensure this program does not interfere with your youth's required lessons, classes, or activities. If you would like more information about this program you may visit (www.toogoodprograms.com). Please note, if you do not return this form your youth will be allowed to participate in this program.

Attached is a session outline of the Too Good Life Skills Training lessons and a copy of your youth's rights as a participant. If you have any questions or concerns, please contact Andrea Salazar, Program Director for SACADA at 210-225-4741, or asalazar@sacada.org. This opt-out form expires April 7, 2020.

If you do NOT want your youth to participate in this program, please return the attached signature page no later than April 7, 2020 (**please keep in mind the entire class will meet for the program with their teacher**).

Signature page may be returned to Alamo Heights Jr. School (Ms. Boyer) or sent to SACADA at 7500 US Hwy 90 W Dave Coy Building Suite 201 San Antonio, Texas 78227, Fax Number 210-225-4768, or mscott@sacada.org.

DUE TO DISTANCE LEARNING THE PERMISSION SLIP IS NOT NEEDED.

If you wish for your child to OPT OUT of this session please email coach M Boyer at mboyer@ahisd.net and we will have alternative lessons for them to do in google classroom.

YPU Opt-Out Form Signature Page

☐ *I do NOT wish for my youth, _____, to participate in this program.*

☐ *I do NOT wish to participate in this program (For Youth over 16 Years of Age).*

Print: Parent/Guardian (Youth if over 16 Years of Age)

Date

Signature: Parent/Guardian (Youth if over 16 Years of Age)

Section below line for office (Prevention Specialist) use only.

Signature: Prevention Specialist

Date Form was Returned

Keep this Page

Participant Rights

Participants shall have the right:

- a. To be free from abuse, neglect, and exploitation.
- b. To be treated with dignity and respect.
- c. To file a complaint with (SACADA) or the Health and Human Services Commission at any time.
- d. To be free from unlawful discrimination based on race, color, national origin, religion, sex, age, or disability.
- e. To know about the prevention program, including the program content and the length of the program before agreeing to participate in it.
- f. Not participate in any session when they or their parents/guardians do not feel comfortable. For information on sessions and topics see attached session outline.
- g. To expect that all discussions will not be shared outside this group unless there is suspected harm to self or others.

Complaints to the organization may be made by calling: (210-225-4741).

Complaints to the funding agency may be made to the Texas Health and Human Services Commission by calling 1-800-832-9623.

