



AHJS Monday Mail

Week of 18 September 2017

This News Blast is available electronically via e-mail. Please subscribe at www.ahisd.net/stupar/ebblast/ebblast_JS.html or call 210-824-3231. AHJS PTO events, past copies of Monday Mails and more can be found online at www.ahjspto.org.

AHJS News

AHJS Toiletry Drive for the Gulf Coast: we will be collecting toiletry items during advisory classes. Items needed include: toothbrush, toothpaste, deodorant, gallon zip lock bags, granola bars/protein bars (no chocolate), new washcloths, hand sanitizer, body was, travel size: shampoo/conditioner. The supplies will be made into care kits and will be delivered to local organizations in Rockport, Port Aransas and Victoria areas.

Healthy Heights: A healthy, active lifestyle can help maintain weight, increase energy, and contribute to an overall better quality of life. It also can prevent health issues later in life, such as diabetes, heart disease, asthma, and high blood pressure. It is important to create healthy habits early on with our children. Children imitate their parents, so they benefit when we set a good example for physical fitness and nutrition. In conjunction with AHISD Child Nutrition week, Monday Mail will periodically provide a tip for parents. Stay tuned...!

UIL News: Thank you to all the parents who attending the UIL Parent meeting last week, we are excited to have your children be a part of our 2017-2018 academic teams! Practice sessions begin this week, see the JS Calendar for the specific times and locations. If you were unable to attend and your child is interested in joining UIL, please reach out to our UIL Coordinator, Mrs. Mata at mmata@ahisd.net for more information. Sign up for our Remind 101 to receive up-to-date information at <https://www.remind.com/join/ahjsuil> using code: ahjsuil

English as a Second Language (ESL) classes for adults will be offered at Alamo Heights Junior School in the fall. To enroll, students must attend **BOTH** Tuesday, September 26 and Thursday, September 28 at 6:00 pm, for registration and language proficiency assessment. Students who do not attend these two dates will not be able to take classes this semester. As space is limited, **students will be enrolled based on the space available on a first come, first served basis. Please arrive a little early if possible to help secure your registration.** Class dates and times still need to be determined. **When:** September 26 & 28, 2017 at 6:00 PM *Both Dates Required/**Where:** Alamo Heights Junior School

Library News: Mark your calendars! The Scholastic Book Fair is coming to the AHJS Library September 25-29th, 2017. Stay tuned for more information. If you have any questions, please feel free to email Jo Chasse at cchasse@ahisd.net

Cyber Seniors is a group that meets every Wednesday after school. We will get on the bus in front of the school at 4:10PM and will travel to the Alamo Heights Health and Rehab center, where we will share our expertise in technology with the residents, and they will share their experience and wisdom with us! We will return to the JS at 5:10PM. We will be using ipads and smart phones. This is a wonderful service opportunity and a chance to get to know some elders in our AH community and their wonderful caregivers. Meetings will start Wednesday, 11 October. Please come by Ms. Pringle's clinic to pick up a permission form.

Join Girls on the Run at AHJS this fall in our 6th-8th grade program, Heart & Sole!

Season Dates: September 19 – December 12/End-of-season 5k: Saturday, December 9/Meets Tuesdays & Thursdays, 4:15-5:45 pm/First meeting day: Tuesday, September 19

Register at www.gotrsanantonio.org. Cost of the program is \$150. Scholarships available for all girls. For questions about the program, contact minka.misangyi@girlsontherun.org. Heart & Sole is the middle school program offered by Girls on the Run. It is a transformational physical activity based positive youth development program for girls in 6th-8th grade. We teach life skills through dynamic, interactive lessons and running games. The program culminates with the girls

being physically and emotionally prepared to complete a celebratory 5k running event. The goal of the program is to unleash confidence through accomplishment while establishing a lifetime appreciation of health and fitness. Want to make a difference in the life of a young girl? VOLUNTEER! Contact us at caroline.rubio@gotrsanantonio.org or find us on Facebook at www.facebook.com/GOTRBC for more information.

After School Study Hall: Homework help is available for AHJS students every Tuesday, Wednesday, and Thursday from 4:00-5:00pm in the AHJS library. There are two to three teachers available to help AHJS students with their homework.

Managing Your Child's Cafeteria Account: At www.schoolcafe.com, register yourself (parent) and then add your children using their student ID# (obtained from school or from Child Nutrition) and the school they attend. Once you have completely registered, you can apply for Free or Reduced Meals, add funds to your student's lunch account, setup purchasing and snack restrictions, and setup low balance warnings or automatic payments. It's one way to make your life easier, so try it out! If you have any questions please reach out to Richard Mallard, Senior Area Foodservice Director at [210-832-5940](tel:210-832-5940)

Morning Library Hours: Our library opens at 7:30AM daily. Supervision is provided.

Attendance Update: When a student is absent, the attendance office needs written documentation. The following documentation will be accepted: a.) A note written by the parent or guardian or b.) An email sent from the address of the parent or guardian which is on file in Home Access Center c.) Written documentation from a health professional. The documentation must be received no later than five (5) school days after the absence. All AHISD campuses follow this "five-day" rule.

Regular/Late Bus: Please be aware that bus registration for Regular/Late bus must be filled out every year. The Transportation form is separate from the campus registration. Please go to: <http://www.ahisd.net/cms/One.aspx?portalId=8146&pageId=37206> and fill out the form for your child's campus. This registration is your consent for your child to ride the bus and is needed in order to allow your child to ride the bus. Late bus services started on September 5th. Additionally, the deadline for registering for tuition bus was August 14th but if you would like to apply to be a tuition bus rider, you can do this through the link on the Transportation webpage listed above.

PTO News

PTO Membership Drive: From now until September 30 our goal is for every AHJS family to join the PTO! Memberships start at only \$10. Go to www.ahjspto.org, login, and click on the "For Sale" button. The PTO uses all funds raised to purchase items on teacher wish-lists that cannot be funded through the regular school budget. Last year the PTO provided microscopes, books, furniture, curtains for the auditorium, athletic uniforms, music equipment and much more. Join the PTO and support YOUR school!

AHJS Fall Book Fair: Volunteers Needed! Volunteers are needed to work at the AHJS Book Fair, September 25-29. Go to <http://www.signupgenius.com/go/10c0c44a5ae2daaf85-fall> to sign-up for a shift. For more information, contact Maria Spencer-Etienne at mfetienne1@aol.com.

AHJS Mule Market: AHJS T-Shirts, 8th Grade T-Shirts, and Spirit Socks are still available! Order online, and they will be delivered to your student. PTO Memberships, Parent/Teacher Party Tickets, HEB Card Orders, PTO Angels Donations, TOPS Donations, and Snack Pak 4 Kids donations will remain on Mule Market throughout the fall. Questions? Amy Case - amygcase@gmail.com

Yearbook: **New this year** Yearbooks and 8th Grade Ads are now ordered directly from Balfour at www.balfour.com. Simply enter Alamo Heights Junior High School as the school.

PTO Meeting: Join us for the first PTO meeting of the year on Tuesday, September 19, at noon in the library featuring the new Wellness Coordinator, Catherine Widder. Lunch will be provided by the Alamo Heights Emergency Clinic.

HEB Cards! Every \$100 card = \$5 for AHJS! It's SO EASY to support your school...the cards are delivered to your home! Please contact Karen Crosley, kcrosley@me.com, to place a monthly order for HEB cards or to try it out for one month.



Junior School 2 Weeks at a Glance

Mon – 9/18	Tues – 9/19	Wed – 9/20	Thurs –9/21	Fri – 9/22	Sat – 9/23
	PTO Mtg. (Library) 12:00pm	Rosh Hashanah	FB vs Church Hill (8gr.Home/7gr. away) 4:30pm AHJS VB vs Oak Run MS (8gr.away/7gr. home) 5:00pm Spirit Day – wear blue and gold! Reg. Board Mtg. 7:00pm Rosh Hashanah	Rosh Hashanah	VB Tournament (8gr. TBD/7gr. AHHS) 9:00am
Mon – 9/25	Tues – 9/26	Wed – 9/27	Thurs –9/28	Fri – 9/29	Sat – 9/30
Scholastic Book Fair Family Night/No Homework	Scholastic Book Fair Adult ESL registration(must attend 9/26 & 28) 6:00pm	Scholastic Book Fair FB vs Oak Run MS 8gr.away/7gr.ho me 4:30pm	Scholastic Book Fair Book Fair Family Night (Library) 4:00pm VB vs Corbett 8gr.home/7gr.aw ay 5:00pm Adult ESL registration(must attend 9/26 & 28) 6:00pm Spirit Day – wear blue and gold!	Scholastic Book Fair Progress reports distribution Yom Kippur	Cross Country Meet Starcke Park, 1Wave Pool Dr., Seguin 7:00am Yom Kippur

District/Community News

AHHS HOMECOMING - Get your Mums and show your school spirit for Homecoming! Homecoming festivities are the week of October 9, and online sales for mums will begin September 25. Purchase your mums and "Go Mules" buttons online at www.ahhsptso.org, and pick them up at the AHJS on Tuesday, October 10. Cash and carry mums will also be available on that day. Go Heights!

DESTINATION IMAGINATION (DI) TEAM MANAGERS MEETING: 2017-2018 DI Team Managers will be meeting at Woodridge Auditorium on Tuesday, October 3rd from 6:00-7:00

p.m. We will go over DI guidelines, forms and fundraising. DI is a non-profit organization that teaches 21st century skills from kindergarten to university students. DI promotes creative and collaborative problem solving tasks. A copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

ALAMO HEIGHTS HIGH SCHOOL BAND FUNDRAISER - Come to Chipolte at 7322 Jones Maltsberger #206 on Thursday, September 21, 2017 between 5:00-9:00 PM and tell the cashier you're supporting the cause for AHHS Band. Chipolte will donate 50% of the proceeds to the Band. A copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

FOOTBALL 101 (FOR FEMALE FANS) – Huddle up as we learn and practice positions, plays and pointers on Wednesday, October 4, 2017, 6:00 – 8:00 PM, at the Mule Dome. For more information contact Melinda Young (210) 269-2809. A copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

JUMP + JIVE: A MOTHER/SON NIGHT OF FUN – Gather for a night of field day activities, dinner, and breakdancing on Saturday, September 30, 2017, at The San Antonio Country Club. The event benefits the Believe It Foundation, which ensures children with special needs are included in everyday activities like camps and sports. Purchase tickets for you and your son(s) before this popular event sells out! For more information visit <https://www.eventbrite.com/e/jump-jive-a-mother-son-night-of-fun-tickets-36064891060?aff=erelexpmlt>.

AVA'S WISH – 4TH ANNUAL TENNIES AND TIARAS 5K RUN – will be on Sunday, October 29, 2017 at the Alamo Heights Pool at 9:00 AM. For more information a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

ALAMO HEIGHTS FORT SAM HOUSTON YOUTH SOCCER – FIRE SOCCER CLUB – Registration is now open. For more information visit www.ahfsh.org or call (210) 973-6002. A copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

I9 SPORTS YOUTH PROGRAMS – Register now for fall leagues, clinics and programs. For more information go to www.i9sports.com. A copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

STANDARD OF ATHLETICS – Register for the 2017 Fall League at www.soasatx.com or call 210-775-2807. A copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

SYNCHRONIZED SWIMMING – You're invited! Join us to try synchro for free on Saturdays, 2:30-5:00 pm. For more information go to www.cygnetsa.org or email CygnetsPresident@CygnetsSA.org for more information. A copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

TEXAS TUITION PROMISE FUND – The state's prepaid college savings plan that locks in tuition for all Texas public colleges and universities is now available for open enrollment through February 28, 2018. A copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.