



AHJS Monday Mail

Week of 19 February 2018

This News Blast is available electronically via e-mail. Please subscribe at www.ahisd.net/stupar/ebblast/ebblast_JS.html or call 210-824-3231. AHJS PTO events, past copies of Monday Mails and more can be found online at www.ahjspto.org.

AHJS News

Mark your Calendars: Student Early Dismissal/Professional Development time for our Teachers – Thursday, March 8th. Students will be dismissed at 12:45.

GT Testing: If you would like your student to be tested for GT courses for 2018-19, the Junior School will be offering two testing dates: **Saturday, March 24** and **Saturday, April 14**. Students must attend **ONE** of these sessions. A Permission to Test form may be obtained in the Junior School Guidance Office. This form must be filled out and returned by **Friday, February 23**. More information regarding the specific details of the testing date will be emailed to you in early March after the permission forms have been collected. If you have any questions, please contact Mr. Sheppard at 832-5823 or jdshepp@ahisd.net.

Girls Who Code Club: Are you interested in coding? Join us February 5th after school in room 121 for more information on Girls Who Code. We will meet on Mondays after school until 5:15pm. Any 6th, 7th or 8th graders interested in sharing your passions through coding are invited to attend. Please contact Susan Frey sfrey@ahisd.net or Cindy Puchalski cpuchalski@ahisd.net for more information.

AHJS GOLF- Please contact Coach Bond (mbond@ahisd.net) if you are a 7th or 8th grade boy or girl and you want to try out for the AHJS Golf Team. Tryouts will be the week of Feb. 27-Mar 2. There will also be a second informational meeting Feb. 21 @ 6pm in the boy's gym.

NJHS: National Junior Honor Society Candidate Forms are officially available. 7th and 8th grade students are encouraged to who meet the selection criteria, as listed on the Candidate Form, are welcome to submit their completed applications to Mrs. Mata in room 222 or via email at mmata@ahisd.net. **Deadline to submit is Friday, March 23, 2018.** Our NJHS Faculty Council will review all Candidate Forms. Induction ceremony will be Thursday, May 3rd from 6-7:30pm in our school auditorium. Please visit [Mrs. Mata's Teacher Page](#) to access the Candidate Form.

7th & 8th grade AHJS trip to Boston Massachusetts- The dates for this summers AHJS trip to Boston Massachusetts have been changed to Tuesday June 5th through Saturday June 9th, 2018. As a result, registration has been reopened and it is not too late to sign up! The Final Payment Deadline is March 27th. For details, please contact Mr. Lake at 210.824.3231 or call School Tours Of America customer service directly at 1 (866) 543-9625.

From the Nurse: Fever Policy reminder, A student with a temperature of 100 degrees or more will be sent home from school. Our policy is to be fever free for 24 hours without the use of antipyretic medications such as Tylenol or Motrin before returning to school. The policy is strictly enforced to prevent the spread of illness to other students and staff. If you have any questions, please call the school nurse at 210.832.5810.

After School Study Hall: Homework help is available for AHJS students every Tuesday, Wednesday, and Thursday from 4:00pm-5:00pm in the AHJS library. There are two to three teachers available to help AHJS students with their homework.

Morning Library Hours: Our library opens at 7:30AM daily. Supervision is provided.

JS Student Highlights/Academic News

Boys Basketball: 7th Grade Blue and Gold Teams won against CHMS! 8th Grade Blue & Gold Teams won against CHMS! Go Mules!

Girls Soccer: Girls AHJS won against Canyon! Go Mules!

Science Olympiad: Alamo Heights Junior School finished 3rd Overall at the Brazoswood Science Olympiad Meet on February 17, 2018.

In the individual events, Alamo Heights Blue Team and Alamo Heights Gold Team, performed as follows:

1. Alamo Heights Blue was 6th and Alamo Heights Gold was 7th overall in Anatomy & Physiology.
2. Alamo Heights Blue was 3rd and Alamo Heights Gold was 5th overall in Battery Buggy.
3. Alamo Heights Blue was 5th and Alamo Heights Gold was 3rd overall in Crime Busters.
4. Alamo Heights Blue was 4th and Alamo Heights Gold was 5th overall in Disease Detectives.
5. Alamo Heights Gold was 6th overall in Dynamic Planet.
6. Alamo Heights Blue was 1st and Alamo Heights Gold was 4th overall in Ecology.

7. Alamo Heights Blue was 2nd and Alamo Heights Gold was 3rd overall in Experimental Design.
8. Alamo Heights Blue was 4th and Alamo Heights Gold was 5th overall in Fast Facts.
9. Alamo Heights Blue was 2nd overall in Herpetology.
10. Alamo Heights Blue was 2nd and Alamo Heights Gold was 6th overall in Meteorology.
11. Alamo Heights Blue was 5th overall in Microbe Mission.
12. Alamo Heights Blue was 4th and Alamo Heights Gold was 3rd overall in Mystery Architecture.
13. Alamo Heights Blue was 1st and Alamo Heights Gold was 3rd overall in Optics.
14. Alamo Heights Blue was 6th and Alamo Heights Gold was 5th overall in Potions and Poisons.
15. Alamo Heights Blue was 3rd and Alamo Heights Gold was 6th overall in Road Scholar.
16. Alamo Heights Blue was 4th and Alamo Heights Gold was 6th overall in Rocks and Minerals.
17. Alamo Heights Blue was 4th and Alamo Heights Gold was 3rd overall in Roller Coaster.
18. Alamo Heights Blue was 5th and Alamo Heights Gold was 4th overall in Solar System.
19. Alamo Heights Blue was 1st and Alamo Heights Gold was 2nd overall in Thermodynamics.
20. Alamo Heights Blue was 6th and Alamo Heights Gold was 5th overall in Towers.
21. Alamo Heights Blue was 4th and Alamo Heights Gold was 5th overall in Wright Stuff.
22. Alamo Heights Blue was 4th and Alamo Heights Gold was 5th overall in Write it Do it.
23. Alamo Heights Blue was 1st overall in Density.
24. Alamo Heights Blue was 5th overall in Naked Egg Drop.
25. Alamo Heights Blue was 6th overall in Picture This.
26. Alamo Heights Blue was 3rd and Alamo Heights Gold was 5th overall in We've Got Your Number.

We are also excited to announce that our High School Science Olympiad team earned 17 top ten finishes! Earning them a tenth place overall finish at the Brazoswood Science Olympiad Invitational meet.

We are extremely proud of the hard work and dedication that our teams have demonstrated. Wish us luck as we travel to McAllen, Texas on February 23 and 24 to compete at our Regional meet to earn a bid for State.

~Cindy Puchalski

Character Corner

Do you want to have talking topics for the dinner table? Do you want to know what AHJS is discussing in advisory? Well you are in luck. You now have the Character Corner. Character Corner will inform you of Character Education topics that we are discussing in advisory and on our campus. We will also attach relevant articles related to the topics we talk about and upcoming event information.



February is the month that we focus on Empathy.

February 12th
February 26th
March 5th

Empathy: Creating an Advisory Family Mantra
 Empathy: Understanding the Needs of Others
 Empathy: Keeping Your Cool

PTO News

AHJS Spring Book Fair: Volunteers are needed to staff the Spring Book Fair, February 26-March 2. Tasks include fair set-up/ break down and book sales. Sign up at <http://www.signupgenius.com/go/10c0c44a5ae2daaf85-ahjs>. For more information, contact Maria Spencer-Etienne (210) 253-0896.

PTO Meeting: Please join us for the next AHJS PTO meeting on Tuesday, **February 20**, at noon in the library. Come learn about the latest PTO happenings while enjoying a yummy lunch generously provided by the **Tichy Clinic**. Dr. Elizabeth Tichy will also discuss skin care for teens *and* adults - you do not want to miss it! Can't make it? Join us via Facebook

Livet <https://www.facebook.com/AlamoHeightsJuniorSchoolPTO/> .

6th Grade Parents: Please join us for a look into the minds of your pre-teens, with conversation led by Dr. Jason Miller, Psychiatrist. Thursday, February 22 at 6:30 pm at the home of Kacey and Jason Register, 109 Ivy Lane. For more information or questions, contact Paige Flinn via text at 956-535-9797. Door prize: Enter to win a \$100 gift card from Shetler Fine Jewelers.

Save the date! Springfest 2018 will be held **Friday, April 6 from 4:00pm - 6:00pm.**

Springfest, an afternoon of fun, games and activities for the entire community, is our largest fundraiser and provides much needed funds for our school. **Last call for sponsorship opportunities are available at the following levels: Gold \$1500, Blue \$500, White \$250, Spirit any amount up to \$250. DEADLINE TUES. FEB 20th. See attached letter and donor form for more information.** Please contact Amanda Bezner at amandabezner@gmail.com or Kelly Middleton at kellymiddleton@gmail.com if you have any questions.

Thank you to those businesses and families who have already contributed to making SpringFest 2018 a huge success!

Might Mule - \$3500+

- Mission Orthodontics
- Britton Orthodontics

Gold - \$1500+

- Advanced Aesthetics Lopez Plastic Surgery
- Alamo Heights Pediatric Dentistry
- Avestee Women's Imaging Center
- Grande Communications
- Dr. Roy Gonzalez, Jr Orthodontist
- Jefferson Bank
- FastSigns
- TradeCraft

Blue - \$500+

- Speaker Joe Straus
- Dullnig Ranches
- Bartlett Cocke General Contractors
- Julian Gold
- Little Spurs Pediatric Urgent Care
- Maloney Family
- Mary and Peter Turnbull
- Lisa Nichols, Nic Abbey
- Laura Nelson
- R.C. Page Construction
- The Alcove
- Frost Bank

White - \$250+

- Dripping Wet Water, Inc.
- Dorothy and Cory Basso
- Brainiac, LLC
- Clayton & Clayton, PC
- Cryofit
- The Hildebrand Family
- Jason's Deli
- The Kell Family
- Julie and Peter Zacher
- Dr. and Mrs. Richard Walton
- Kumon Alamo Heights
- Kathryn and Bill Dehlinger
- Anne and P. Krause
- Marybeth and Matt Mosbacker
- Courtney and Company Design
- Tess Bobo
- The Prichard Family


Spirit - Up to \$249

- Cappy's, Inc.

- Bradshaw Designs
- Lucia and Jason Carter
- Mr. and Mrs. Clare Flesher
- Amy & Bill Goforth
- Julie Hill
- La Fonda on Main
- JoLynn Meador
- Dr. Ann Cross, Olmos Park Animal Hospital
- Pat Maloney Jr.
- Alamo Heights Pet Clinic
- Chester's Hamburgers
- Brooke and Mathew Bell
- Page and Patrick Bitter
- Vince Cantu
- Julie and Kenny Dorbandt
- Jo Lynne Meador

Yearbook: *New this year* Yearbooks are now ordered directly from Balfour at www.balfour.com. Simply enter Alamo Heights Junior High School as the school.

Junior School 2 Weeks at a Glance

Mon – 2/19	Tues – 2/20	Wed – 2/21	Thurs – 2/22	Fri – 2/23	Sat – 2/24
 <p>Adult ESL 6PM</p>	<p>PTO Mtg. Library 12PM</p> <p>5th to 6th gr. Electives Night in the Auditorium 6PM</p>	<p>Family Night/No Homework</p> <p>Progress Reports distributed</p> <p>Adult ESL 6PM</p> <p>Golf Info Meeting 6pm (Boys Gym)</p>	<p>GSoccer vs Smithson Valley MS(home) 4:30pm</p> <p>BBB vs Oak Run (8gr.home/7gr. away) 5PM</p> <p>Choir Pre UIL Concert (AHHS) 7PM</p>		<p>Library Palooza! Brandeis HS 9AM</p> <p>Soccer Tournament Corbett MS- game times are 9:00am/1:30 pm</p> <p>Science Olympiad -STV Regional Meet -Division B&C (McAllen, Tx)</p> <p>UIL TMSCA Qualifer @ Tejada 8AM</p> <p>Strings Pre UIL Clinic (FA Bldg.)</p>
Mon – 2/26	Tues – 2/27	Wed – 2/28	Thurs – 3/1	Fri – 3/2	Sat – 3/3
<p>Scholastic Book Fair (Library)</p> <p>BBB vs Canyon8gr.home/7 gr.away 5PM</p> <p>Adult ESL (Cafeteria, Rms. 109 & 111) 6PM</p> <p>Spring Theatre Productions-3rd Period Production <i>And They All Lived</i> (Little Theatre) 6:15pm</p>	<p>Scholastic Book Fair (Library)</p> <p>Spring Theatre Productions-8th Period Production <i>Mid Summer Night's Dream</i> (Little Theatre) 6:15pm</p>	<p>Scholastic Book Fair (Library)</p> <p>Adult ESL (Cafeteria, Rms. 109 & 111) 6PM</p> <p>Spring Theatre Productions-4th Period Production <i>Scapin</i> (Little Theatre) 6:15pm</p> <p>Golf Tryouts (Girls)</p> <p>Purim</p>	<p>Scholastic Book Fair (Library)</p> <p>Book Fair Family Event (Library) 4:00-6:30pm</p> <p>GSoccer vs Church Hill (AHHS)4:30pm</p> <p>Strings Spring Concert (Auditorium) 6:30pm</p> <p>Golf Tryouts (Boys)</p> <p>Purim</p>	<p>Scholastic Book Fair (Library)</p> <p>Band Pre UIL Clinic/Lock-In (FA Bldg., Auditorium) 6PM</p>	<p>GSoccer Tournament (Church hill MS)- 10:30am and 1:30 pm</p>

District/Community News

It is time for Feedback February! AHISD values input from families – and we need to hear from you. You are an important partner as we work to improve our communication, academic program and overall experience for students and their families. In order to learn more about student and family experiences in AHISD, we will be asking for your feedback via a survey that you will be receiving on February 5th. See the attached flyer for more information

at http://www.ahisd.net/students_parents/student_flyers.

Healthy Heights Tip of the Week: Vegetables and legumes are great choices for protein (organic edamame: 18 g per 1 cup & lentils: 18 g per 1 cup). If you do eat meat as a protein source, limit it to once in a while, keep [portion size](#) small and choose the leanest cuts. Remove skin and visible fat from poultry.

SAN ANTONIO ACADEMY DANCE - LET'S RODEO - All 6th, 7th, and 8th grade student are invited to the Let's Rodeo Dance on Friday, February 23, 2018, 7-10 pm. For more information visit www.ahfsh.org or call 210.973.6002 or a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

LADENSOHN LECTURE - Join us for our annual Graham Ladensohn Memorial Lecture on **February 19th at 8:30 AM in the HS Auditorium**. Guest speaker will be Allison Zmuda, full-time education consultant, who works with educators to grow ideas and to offer practical strategies on how to make learning for students challenging, possible, and worthy of the attempt. Flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers. **NOTE:** This lecture will also be streamed live on our Facebook page at <https://www.facebook.com/AHISD/>.

AH ACADEMIC SUPPORT GROUP - Is a group of parents, teachers and administrators who for over 20 years have supported and continue to promote the best interests of the AH Gifted, Advanced Placement, and Honors Programs and other academic programs, clubs and contests of AHISD. For more information a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

AH HEART OF HEIGHTS BREAKING THE SILENCE - SOCIAL HOSTING WITH TEENS - Join us for a very important conversation on the trends in underage drinking throughout Bexar County on Wednesday, February 28th, 6 PM, AHHS Auditorium. For more information a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

AH HEART OF HEIGHTS BREAKING THE SILENCE - KIDS, GUNS AND SAFETY - Join Danna Half, from the Be SMART Campaign, as she leads a discussion about keeping our children safe, and the importance of having respectful dialogues surrounding firearms, guns and safety on March 5, 2018, 7-8 pm, Woodridge Elementary Auditorium. For more information a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

AHISD VOLLEYBALL CAMP - Save the date! Alamo Heights Volleyball Camps for Grade 3rd - 9th have been set for June. For more information a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

GIRL SCOUTS - In Girl Scouts girls can develop a strong sense of self, display positive values, seek challenges and learn from setbacks, and learn how to become leaders in their communities. Volunteers can also learn how to build these qualities within themselves, and help teach girls to become leaders. Learn how you can get a new Daisy troop for Kinder and/or 1st grade started by contacting Sara Pena at spena@girlscouts-swtx.org or call 210-349-2404. For more information a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

THE BALLET CONSERVATORY OF SOUTH TEXAS presents "The Legend of the Bluebonnet" on March 3 & 4, 2018. Tickets are available through ticketmaster.com or Carver Box Office. For more information a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

WOODRIDGE EXPRESS MINI PHOTO SESSIONS - Book your mini photo session on February 25th and 20% of proceeds will be donated to Woodridge Elementary. For more information a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

SAVE THE DATE - On Wednesday, April 11, 2018, from 6:00 - 7:30 pm at the High School, we will be hosting our annual **AH Showcase of Engaged Learning**. This is an evening where teachers and students from across the district come together to showcase the engaging work that is occurring in their classrooms. Our theme this year is ["Reimagine."](#) For more information a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

AHFSH GAINS IN THE EDUCATION OF MATHEMATICS AND SCIENCE (GEMS) CAMP FOR MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS - The program is laboratory-based and provides every student

with an opportunity to participate in scientific experiments. For more information a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

ALAMO HEIGHTS NIGHT - Friday, April 20, 2018, 5:30 - 11:30 PM at the University of the Incarnate Word. For more information a copy of the flyer can be found on our website

at http://www.ahisd.net/students_parents/student_flyers.

2ND ANNUAL AH09 5K A GREAT PLACE TO WALK/RUN - Saturday, April 21st, 8:30 am, at the Alamo Heights City Hall Parking Lot, 6116 Broadway. For more information a copy of the flyer can be found on our website at http://www.ahisd.net/students_parents/student_flyers.

STANDARD OF ATHLETICS (SOA) - Registration is now open or the Spring League. For more information a copy of the flyer can be found on our website

at http://www.ahisd.net/students_parents/student_flyers.

NFL FLAG FOOTBALL - Registration is now open for the 2018 Spring Flag Football League. For more information a copy of the flyer can be found on our website

at http://www.ahisd.net/students_parents/student_flyers.

AHFSH YOUTH SOCCER - FIRE SOCCER CLUB - Registration is now open. For more information visit www.ahfsh.org or call 210.973.6002 or a copy of the flyer can be found on our website

at http://www.ahisd.net/students_parents/student_flyers.